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ASSESSMENT AND HISTORY INFORMATION-CHILD/ADOLESCENT

Client's Name: _____ DATE: _____

Has the client ever been treated by a psychiatrist? ___ YES ___ NO

If "YES" name/agency of psychiatrist and dates of treatment:

Has the client ever been treated by a counselor/therapist? ___ YES ___ NO

If "YES" name/agency of counselor/therapist and dates of treatment:

Client's Physician: _____

Current medication: _____

Has client been diagnosed with developmental problems? ___ YES ___ NO

Does client have any speech impairment problems? ___ YES ___ NO

Has client been exposed to trauma? ___ YES ___ NO

Any mental health problems on fathers/mothers side of family? ___ YES ___ NO

If "YES", please indicate who and what diagnosis:

Any complications during pregnancy? ___ YES ___ NO

Any complications at birth? ___ YES ___ NO

Briefly describe reasons for seeking counseling services:

Briefly describe what has been tried to improve the situation:

Please place a number that best corresponds to the issue listed below:

NOT APPLICABLE NOT VERY SERIOUS SERIOUS VERY SERIOUS

1 2 3 4 5 6 7 8

- | | | |
|--------------------------|-----------------------------|------------------------------------|
| ___ Abuse-physical | ___ Abuse-sexual | ___ Abuse-emotional |
| ___ Abuse-neglect | ___ Aggression-violence | ___ Anger, hostility, irritability |
| ___ Anxiety, nervousness | ___ Attention, distraction | ___ Confusion |
| ___ Compulsions | ___ Cruelty to animals | ___ Crying, sadness |
| ___ Indecision | ___ Delusions (false ideas) | ___ Depression |
| ___ Divorce, separation | ___ Eating problems | ___ Grieving |
| ___ Guilt | ___ Headaches | ___ Impulsiveness |
| ___ Loss of Control | ___ Unmotivated | ___ Memory problems |
| ___ Mood swings | ___ Obsession/compulsion | ___ Panic/Anxiety attacks |
| ___ School problems | ___ Low self-esteem | ___ Sleep problems |
| ___ High stress | ___ Suicidal thoughts | ___ Temper problems |

OTHER: _____

Please rate below on a scale of 1 through 10, 1=not at all and 10=very much

- ___ Client is close and has good relationship with siblings
- ___ Client is close and has good relationship with dad
- ___ Client is close and has good relationship with mom
- ___ Client has several close friends
- ___ Client often has nightmares
- ___ Client prefers to spend time alone
- ___ Client does not make eye contact when spoken to
- ___ Client does not like being around other people
- ___ Client likes self

In the past 36 months has there been a death of a family member or someone close to the child? ___ YES ___ NO If yes, who? _____ when? _____

Prior to 36 months, has there been a death of someone close to the child?

___ YES ___ NO if yes, who? _____ when? _____

Any other information not included on this form that is pertinent for therapist to know:
